

Dr. Natalie REGANA VALDEZ

Then My Living Will Not Be In Vain

As the sun sets softly on the life you've led,
We remember the love and the light you spread.
A heart so devoted, a spirit so bright,
You touched every soul with your warmth
and your might.

Born in the heart of Miami, you rose,
A daughter, a mother, a healer, a guide.
With courage and grace, you followed your dreams,
Turning struggles to triumphs,
and making them gleam.

From the halls of Morris Brown to the wards
of Gainesville,
You worked with a purpose, your mission so real.
An anesthesiologist, with hands so sure,
Offering comfort and care, a heart pure.

You traveled the world, seeking to see
The wonders of Africa, a dream meant to be.
Though illness delayed you from Egypt's embrace,
You lived a life full of beauty and grace.

A sister in Christ, at Mt. Olive you sang,
With Pastor Young, your love for God rang.
In your faith, you were steadfast and true,
A beacon of hope to all those who knew.

In Delta Sigma Theta, your legacy grew,
You lifted others and saw their value too.
A champion for the Black community's rise,
You gave selflessly, always wise.

Now, though you rest in eternal peace,
Your legacy will never cease.
For in the hearts of those you've touched,
Your love and your lessons mean so much.

From your devoted son, Eugene, so dear,
To your mother, Elizabeth, who holds you near,
Your "village" of children, and all those who grieve,
We cherish your memory and never shall leave.

So as we mourn, and yet find solace in prayer,
We remember you lived with love to spare.
With every step, you helped somebody along,
And in that, your living was a sweet, sweet song.

Rest in glory, Dr. Natalie Regana Valdez.
Your life was a gift, and we are forever blessed.
We will meet again beyond the river's flow,
Until then, your love and light we will always know.

"If I can help somebody as I pass along,
Then my living will not be in vain."

The Family's Message of Gratitude

The Family of *Dr. Natalie Regana Valdez* wishes to
extend our heartfelt appreciation and sincere gratitude
to all who have offered their prayers, love, and support
during this time of bereavement. Your kindness,
encouragement, and unwavering presence have been a
source of great comfort to us.

We are deeply moved by the love and strength you have
shared, and we are especially grateful for the grace of
God, which has carried us through our sorrow. Your
thoughtfulness, whether through a kind word, a warm
embrace, a prayer, or a contribution, has not gone
unnoticed.

May God continue to bless each of you.

We find peace in the words of 1 Corinthians 2:9:
"Eye has not seen, nor ear heard, nor have entered into the
heart of man, the things which God has prepared for those
who love Him."

With love and gratitude,
The Family of *Dr. Natalie Regana Valdez*

We would like to take this opportunity
to express our gratitude for the trust you have placed upon
us during the Homegoing Services of your loved one. Our
fondest hope is that all measures of assistance rendered
your family have been completed in detail. For all your
confidence placed in our staff and me, we will be forever
grateful.

Professional Services Entrusted To



Jamarien "JP" Moore, CFSP
President | Mortician
379 West Base Street, Madison, Florida 32340
tel: 850.973.6677

"Spreading
Sunshine
at the Sunset of Life"
#TheMorticianWhoCaresMoore

Your Life was a Blessing. Your Memory a Treasure

The Angels are Waiting at Heaven's Gate

for

Celebrating the Life of



Dr. Natalie
REGANA VALDEZ

EARTHLY
ENTRANCE
March 8, 1966

HEAVENLY
DEPARTURE
January 16, 2025

Lawnside
Saturday, March 8, 2025
12:00 Post Meridiem

VETERANS MEMORIAL PARK
7400 SW 41st Place | Gainesville, Florida 32608

Pastor Barry Young Officiating
Mt. Olive Missionary Baptist Church
Perry, Florida 32347

J.P. Moore Undertaking Company, Directing

Dr. Natalie REGANA VALDEZ

MARCH 8, 1966 – JANUARY 16, 2025

"If I Can Help Somebody as I Pass Along, Then My Living Will Not Be in Vain"

Dr. Natalie Regana Valdez, born in Miami, Florida, on March 8, 1966, was the beloved daughter of Sgt. Leroy Edward Valdez and Elizabeth Welch Valdez. God placed her in this world to do something marvelous and worked through her to finish the job. She was a resident of Micanopy (Alachua County, Florida).

Dr. Valdez enjoyed worshipping and fellowshiping with her mother and others at Mt. Olive Missionary Baptist Church in Perry, Florida. She and Pastor Barry Young mutually adopted each other as Christian siblings.

Growing up in Miami, **Dr. Valdez** was educated in the Dade County School System and was a graduate of North Miami Senior High School. She knew what she wanted to have as a career and was determined to achieve it in a timely manner. God gave Natalie the strength, the resources, the determination, the skills, and the energy to do everything He purposed her to do. Obediently, she earned her bachelor's degree at her dream HBCU school, Morris Brown College in Atlanta, Georgia. Afterwards, she matriculated at New York Medical College in Valhalla, New York to earn her medical degree in anesthesiology. Finally, she completed the Anesthesiology Residency Program at UF Shands Hospital in Gainesville, Florida.

After completing the Residency Program at the UF Shands Hospital, **Dr. Valdez** was employed for a short while at Malcom Randall Veterans Affairs Medical Center to honor her father who died in commission of his service in the U.S. Air Force. She continued with her employment at North Florida Regional Hospital also in Gainesville, Florida, but her most recent position was at the Ocala (FL) Hospital.

Being able to travel around the world was another one of **Dr. Valdez's** dreams for her life. She did visit many countries in Africa, the Mother Land with expectations to visit Egypt but the onset of her illness prevented her from doing so.

Dr. Natalie Valdez was a proud member of Delta Sigma Theta Sorority, Inc., a public service organization based on Christian principles. These college educated women are committed to its Five-Point Programmatic Thrust of economic development, educational development, international awareness and involvement, physical and mental health, as well as political awareness and involvement.

The Lord equipped **Dr. Natalie Regana Valdez** to do what He would purpose her to do. She used her blessings and gifts for the greater good and returned all the Glory to God, the giver of all things. Now it is her time to rest. Therefore, on Thursday, January 16, 2025, **Dr. Natalie Regana Valdez** walked in victory and found her rest beyond the river.

The key to immortality is living a life worth remembering. **Dr. Natalie Regana Valdez** will be missed forever, but those who know the Lord have hope in the promise that they will meet again. Cherishing her life, love and legacy are her loving son: Eugene Brown of Micanopy, FL; her devoted mother: Elizabeth Welch Valdez of Perry, FL; her "village" children: Mickie McIntosh of Gainesville, FL, Marlik Rouse, of Tampa, FL, Megan Rouse of Tampa, FL, Gabrielle McIntosh of Tampa, FL, and Briana Thomas of Gainesville, FL; goddaughter: Zaylen Williams; along with many other sorrowing relatives; sympathetic friends, supportive sorors of DST sorority, caring coworkers, and grateful patients.



LIFE CELEBRATION *Earth to Glory*

Seating of the Family..... The J.P. Moore Staff

The Prayer of Consolation Pastor Barry Young

The Holy Scriptures:
Old & New Testament..... Pastor Barry Young

Reflections & Tributes
Two Minutes, Please

As I Knew Her
Family & Friends

Homily Pastor Barry Young

Service of Committal

Recessional Clergy & Family

Yet we have this assurance: Those who belong to God will live; their bodies will rise again! Those who sleep in the earth will rise up and sing for joy! – Isaiah 26:19

