

Cynthia “Cindy” Kay Harms

May 17, 1961 - February 8, 2024

Cindy was born in Albany, Oregon on May 17, 1961, and unexpectedly passed away on February 8, 2024, as a result of her numerous health issues. She spent her childhood in a number of states across the US and graduated from Ukiah High School located in California in 1979. After graduation she moved to Bakersfield, CA where she married and started her family, living there until moving back to her birthplace in 1993. She worked at the Albany K-Mart for several years until its closing and cherished the many friendships she made from her time there.

Those who knew Cindy will remember her for her generous heart, her infectious laugh, and her optimism through all of life's challenges. She had a love of wind chimes, sea turtles, and let's not forget her extensive shot glass collection. Once an active member of Narcotics Anonymous of Albany, Cindy enjoyed camping trips to the coast and various outings with her NA family. She was very proud of her continued sobriety throughout the years and her support of others in their recovery journey.

Cindy is survived by her daughter, Jessica Harms of Sutherlin, OR, and her grandson Karsyn, who was in her care for the past seven years and lovingly referred to her as Nana. Cindy was preceded in death by her infant daughter, Ashley and her parents Bill and Sharon Parsons. Cindy is also survived by her siblings, Kathy Hair (and her husband John) of Ukiah, CA, Merrilee Parsons of Bend, OR Anthony Parsons of Eugene, OR, as well as numerous nieces and nephews along with her friend and caregiver, Nicole Miles.

Please join us for a Remembrance Service celebrating Cindy's life on Friday, February 16, 2024, at 3:00 pm at AASUM-Dufour Funeral Home in Albany, Oregon. There will be a reception immediately following the service.

Cindy left us all too soon - may she rest in peace.



THE LIFE OF



Cynthia “Cindy” Kay Harms

May 17, 1961 - February 8, 2024





God's Garden

God looked around his garden
And found an empty place,
He then looked down upon the earth
And saw your tired face.

He put his arms around you
And lifted you to rest.
God's garden must be beautiful
He always takes the best.

He knew that you were suffering
He knew you were in pain.
He knew that you would never
Get well on earth again.

He saw the road was getting rough
And the hills were hard to climb.
So he closed your weary eyelids
And whispered, 'Peace be thine'.

It broke our hearts to lose you
But you didn't go alone,
For part of us went with you
The day God called you home.

In Loving Memory of

Cynthia "Cindy" Kay Harms

Age 62

BORN

May 17, 1961
ALBANY, OREGON

ENTERED INTO REST

February 8, 2024
Albany, Oregon

CELEBRATION OF LIFE

FRIDAY, FEBRUARY 16, 2024 AT 3 P.M.
AASUM - DUFOUR FUNERAL HOME
ALBANY, OREGON

OFFICIANT

KELLY DUFOUR

**Everyone is invited to a reception
immediately following the service.**